

Sherman Indian High School

001 - SHERMAN INDIAN HIGH SCHOOL

Cycle 2 Snack Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sep - 25	Sep - 26 Fruit Yogurt Granola Bar	Sep - 27 PB & J Sandwich WG Sunchips	Sep - 28 Cheddar Cheese Stick Fresh Fruit Whole	Sep - 29 Apple Cinn Oatmeal B Milk 1%	Sep - 30 WG Sunchips Fresh Fruit Whole	Oct - 1
Oct - 2	Oct - 3 String Cheese Seasonal Fresh Fruit	Oct - 4 Nutri Grain Bar Milk 1%	Oct - 5 WG Sunchips String Cheese	Oct - 6 PB & J Sandwich Milk 1%	Oct - 7 Trail Mix 100% Juice, Assorted	Oct - 8
Oct - 9	Oct - 10 Cheddar Cheese Stick WG Sunchips	Oct - 11 Yogurt Seasonal Fresh Fruit	Oct - 12 PB & J Sandwich Milk 1%	Oct - 13 Strawberry Poptart W Milk 1%	Oct - 14 String Cheese Fresh Fruit Whole	Oct - 15
Oct - 16	Oct - 17 Ham & Cheese Sandw Mustard pkt Mayonnaise, pkt 100% Juice, Assorted	Oct - 18 String Cheese 100% Juice, Assorted	Oct - 19 Trail Mix 100% Juice, Assorted	Oct - 20 Granola Bar FF Chocolate Milk	Oct - 21 Strawberry Poptart W Milk 1%	Oct - 22
Oct - 23	Oct - 24 Cheddar Cheese Stick Seasonal Fresh Fruit	Oct - 25 WG Sunchips Fresh Fruit Whole	Oct - 26 Yogurt Fresh Fruit Whole	Oct - 27 PB & J Sandwich Milk 1%	Oct - 28 WG Cereal Milk 1%	Oct - 29
Oct - 30	Oct - 31 Granola Bar Seasonal Fresh Fruit	Nov - 1 Cheddar Cheese Stick Seasonal Fresh Fruit	Nov - 2 Fruit Yogurt Granola Bar	Nov - 3 String Cheese WG Sunchips	Nov - 4 Strawberry Poptart W Milk 1%	Nov - 5
Nov - 6						

2016-2017

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.